

TRADITIONAL THAI

Asian style “floor-mat” massage, involving yoga type stretches, joint movement and pressure point techniques. Practitioner uses their hands, feet, elbows and knees.

\$230 (90 min) (wear loose clothing)

TABLE THAI

Similar to the Traditional Thai massage but using a massage table. The practitioner uses pressure point techniques with stretching movements to promote balance, and relaxation.

\$195 (75 min) (wear loose clothing)

SHIATSU

Using a “floor mat” or “massage table” (specify your choice) this is the traditional Japanese system of working the pressure points using fingers, hands, elbows and feet to increase circulation and restore vital energy.

\$195 (75 min) (wear loose clothing)

FLOOR MAT DEEP TISSUE

A unique massage technique which allows the therapist to work in a deeper therapeutic way to release deep muscle tension by using their feet, thumbs, elbows and forearms.

\$195 (75 min) (wear loose clothing)

RANCH SIGNATURE

This massage combines the *Nirvana* with “craniosacral therapy” for release of pain in the neck, shoulders and head. You will be given therapeutic bath teas to use after the treatment. A Spa Gift Bag will be left for your pleasure.

\$275 (90 min)

RANCH ROMANCE

To enhance romance, your therapist will scent the air with a fine jasmine mist. Candles and music add to the pleasure of this relaxing Swedish massage of warm oil. You will be left with scented bath teas and a Spa Gift Bag will be left for your pleasure.

\$175 (60 min)

RENEW SPIRIT

An Aromatic Body Brushing treatment, this full body therapy invigorates the circulation, removes toxins and exfoliates. An essential blend is added to the brush, followed by a light massage. You will be left with a therapeutic bath tea to continue the benefits. A Spa Gift Bag with brush and oil blends will be left for your pleasure.

\$200 (60 min)

PERFECT PEACE

To ease you into a dreamy state, your therapist will scent the air and linens with a fine lavender mist, then a luxurious Swedish massage with warm lavender oil. You will be left with scented bath teas for additional relaxation. A Spa Gift Bag will be left for your pleasure.

\$175 (60 min)

NIRVANA

A stress relieving massage using the Ranch’s blend of Rosemary, Eucalyptus and Lemongrass oils for their deep therapeutic value in easing muscle tension and releasing stress. This massage emphasizes focused attention to the back, neck, shoulders and scalp, balanced by a relaxing foot massage.

\$195 (75 min)

PARADISE

The wonderful aromatic scent of our citrus blend with coconut oil in a “customized” massage is the ultimate refreshing and uplifting experience.

\$195 (75 min)

PROVENCE

A soothing combination of lavender oil and Swedish massage provides a truly calming and relaxing experience.

\$195 (75 min)

BLISS

Rosemary oil scalp and foot massage. The essential oil of Rosemary has many benefits and is great for the skin, circulation and relief from nervous exhaustion, making this a deeply beneficial treatment.

\$135 (60 min)

There is an essence to San Ysidro Ranch that has drawn sophisticated guests for more than a century. The Ranch is legendary for renewing the spirit, restoring joy and inspiring dreams.

We invite you to select from the following menu of treatments or request a custom treatment suited to your specific needs.

facial care

Our spa services have been designed to complement the very nature of the Ranch's incredible setting, incorporating the essences of the many flowers, plants and herbs grown on the property into our treatments and providing them in the privacy of your cottage.

TRADITIONAL EUROPEAN FACIAL

A nourishing, relaxing, rejuvenating treatment for the skin. This Facial includes a deep cleansing peel, regenerating ampoule and mask. Includes massage of the face, hands and feet (no steam or extractions).
\$210 (75 min)

SERENITY FACIAL

A complete Aromatherapy facial using products made from herbs and essential oils. Includes a deep cleansing peel, regenerating fluids and mask plus massage of the face, hands and feet (no steam or extractions).
\$210 (75 min)

ETERNAL YOUTH FACIAL

This facial is designed to oxygenate and moisturize the skin at deeper levels by using a collagen film mask and collagen ampoule. Includes a deep cleansing peel and massage of the face, hands and feet (no steam or extractions).
\$225 (75 min)

massage services

SWEDISH

Using the classic European techniques of medium to light long strokes to enhance circulation and relax the muscles and nerves.
\$135 (60 min) or \$195 (90 min)

SWEDISH STRONG

The classic Swedish techniques for those who prefer a much stronger touch.
\$145 (60 min) or \$205 (90 min)

DEEP TISSUE

Deep muscle therapy using the thumbs, elbows and forearms to release and lengthen muscles on a deeper level.
\$155 (60 min) or \$230 (90 min)

PRENATAL

A safe, comfortable and relaxing massage for the expectant mother.
\$145 (60 min) or \$205 (90 min)

EAST-WEST

Combines the best of both worlds, with oriental pressure point techniques for liberating tension plus the soothing benefits of traditional Swedish massage.
\$155 (60 min) or \$230 (90 min)

SAN YSIDRO RANCH



SANTA BARBARA, CALIFORNIA
A TY WARNER PROPERTY

Treatments are offered in the privacy of your cottage from 8 am to 9 pm. Appointments or cancellations require 3 hours advance notice. Full charge will be assessed for late cancellations. For after hours, a \$25 charge will be assessed.